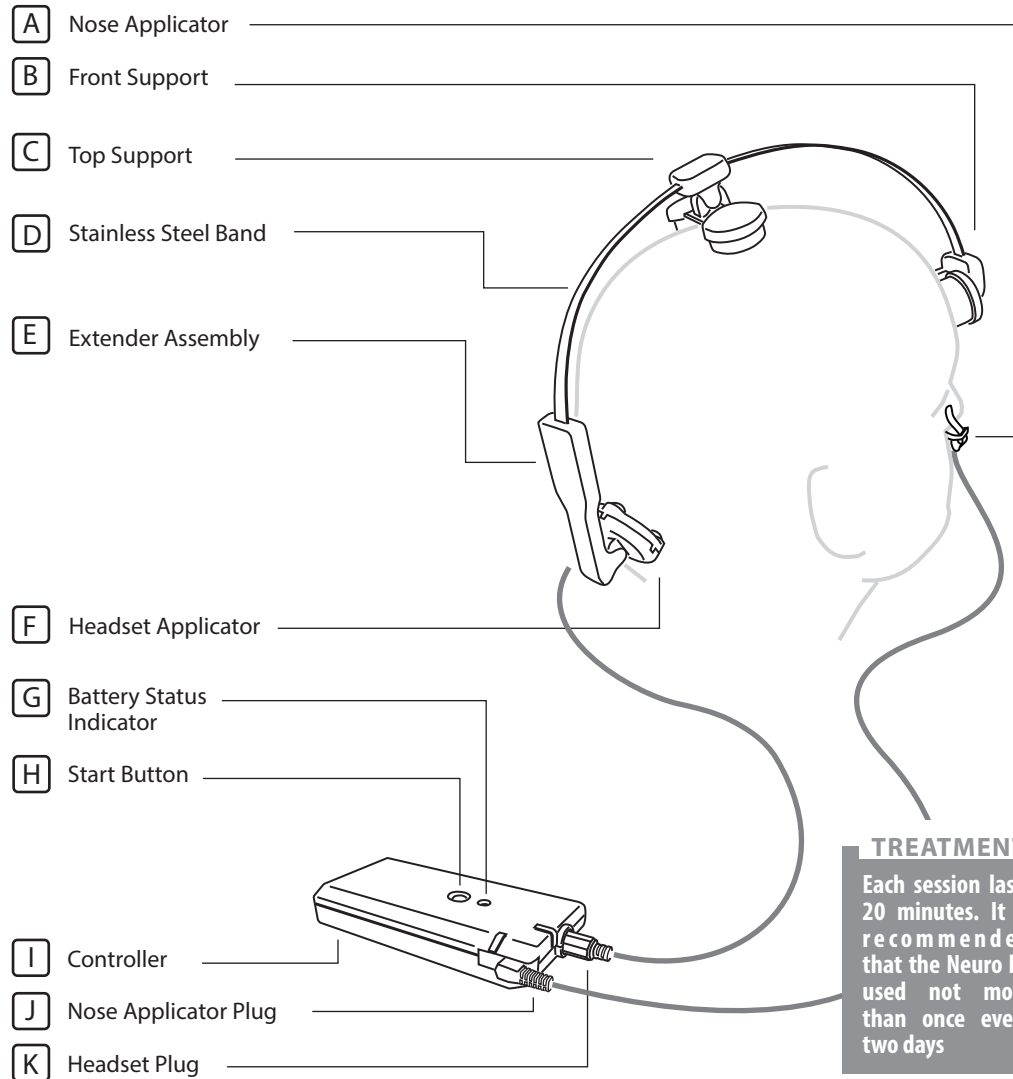


**OPERATING INSTRUCTIONS**



**A** Nose Applicator

**B** Front Support

**C** Top Support

**D** Stainless Steel Band

**E** Extender Assembly

**F** Headset Applicator

**G** Battery Status Indicator

**H** Start Button

**I** Controller

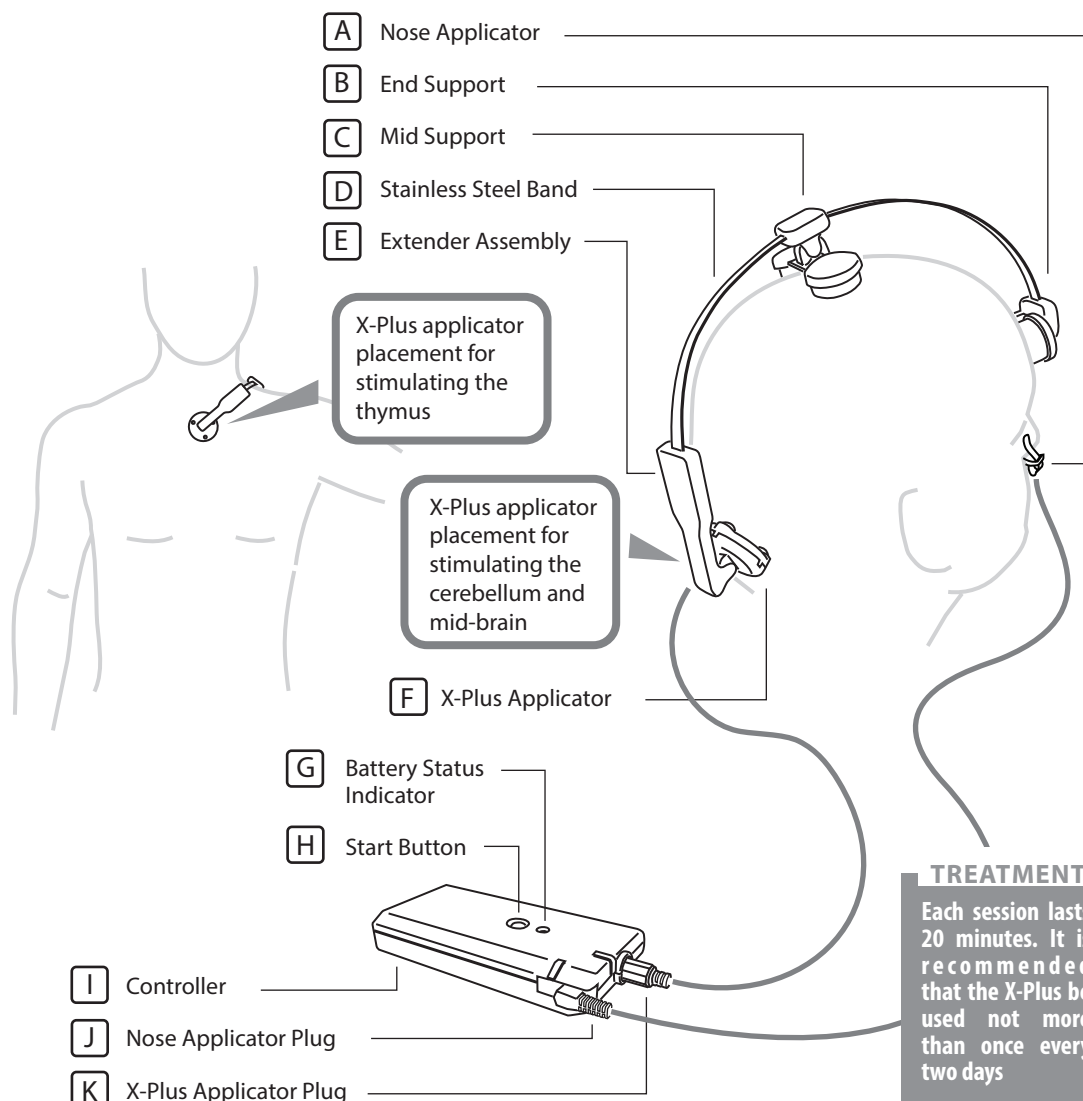
**J** Nose Applicator Plug

**K** Headset Plug

**TREATMENT**  
 Each session lasts 20 minutes. It is recommended that the Neuro be used not more than once every two days

- 1** Place the headset as shown in the diagram. Ensure that the headset applicator [F] is facing the back of the head as shown in the diagram. The assembly can be changed to suite different head size by pulling or pushing the extender assembly [E]. The front and top supports [B, C] can slide for optimal positioning.
- 2** Insert the nose applicator [A] into either the right or the left nostril with the clip on the outside and the lens in the nostril.
- 3** Insert the headset plug [K] and the nose applicator plug [J] into the controller as shown in the diagram.
- 4** Press the start button [H] to begin treatment. It switches off automatically after 20 minutes.

OPERATING INSTRUCTIONS



- [A] Nose Applicator
- [B] End Support
- [C] Mid Support
- [D] Stainless Steel Band
- [E] Extender Assembly
- [F] X-Plus Applicator
- [G] Battery Status Indicator
- [H] Start Button
- [I] Controller
- [J] Nose Applicator Plug
- [K] X-Plus Applicator Plug

**TREATMENT**  
 Each session lasts 20 minutes. It is recommended that the X-Plus be used not more than once every two days

- 1** Position the X-Plus as shown in the diagram. Ensure that the X-Plus applicator [F] is facing the back of the head or on the chest as shown in the drawings. The device can be used to suite different head or body size by pulling or pushing the extender assembly [E]. The end and mid supports [B, C] can slide for optimal positioning.
- 2** Insert the nose applicator [A] into either the right or the left nostril with the clip on the outside and the lens in the nostril.
- 3** Insert the X-Plus applicator plug [K] and the nose applicator plug [J] into the controller as shown in the diagram.
- 4** Press the start button [H] to begin treatment. It switches off automatically after 20 minutes.